



CAROTENOID COMPLEX™

Numerous studies link carotenoids—yellow, orange, red, and green pigments in fruits and vegetables—to reduced risks for cancer and heart disease, enhanced immunity, and tissue protection. Fruits and vegetables are the best sources of carotenoids, but most people do not eat the 5-13 daily servings recommended for optimal health. GNLD's Carotenoid Complex™ is a whole-food supplement whose benefits have been demonstrated in human studies conducted by the United States Department of Agriculture (USDA) and university researchers. Each capsule provides the complete carotenoid value of an optimal serving of a wide variety of carotenoid-rich fruits and vegetables.

Why Carotenoid Phytonutrients?

- Research links diets abundant in carotenoid-rich fruits and vegetables with reduced risk for developing cancer, heart disease, and age-related degenerative diseases of the eyes and nervous system.
- Carotenoids boost immunity, helping the body to defend itself against illness and disease.
- Carotenoids promote health in ways distinct from the actions of other dietary factors.

Why GNLD Carotenoid Complex?

- **Broad-spectrum, lipid-soluble nutrient supplementation.** More than just beta-carotene, Carotenoid Complex provides a variety of carotenoid "family members" as they naturally occur in the human food chain in fruits and vegetables. Research continues to show that individual carotenoids play different and specific roles as part of the body's complex defense system against illness and disease.
- **Whole-food ingredients.** Our exclusive blend of carotenoid-rich extracts and concentrates is derived from whole tomatoes, carrots, spinach, red bell peppers, strawberries, apricots, and peaches.
- **15 powerful carotenoid family members.** Our unique formula has been tested and shown to deliver alpha-, beta-, cis-beta-, gamma-, and zeta-carotene, lycopene, cis-lycopene, lutein, zeaxanthin, alpha- and beta-cryptoxanthin, violaxanthin, canthaxanthin, capsanthin, and cryptocapsin.
- **Exclusive NutriMax Process®.** Advanced technology yields a 98% extraction efficiency. Also includes low-temperature processing and oxygen-free encapsulation to guarantee high potency of lipid-soluble carotenoid nutrients.

- **More antioxidant power than vitamins C and E!** One capsule of Carotenoid Complex equals the antioxidant power of 800 IU of vitamin E, or 400 mg. of vitamin C.*
- **Natural base of pure olive oil.** Part of the human food chain, olive oil promotes ingredient stability and helps optimize carotenoid absorption.
- **Contains pure lecithin from soybeans.** Lecithin helps maximize stability of carotenoid nutrients and aids their dispersion during digestion.
- **100% natural.** Contains no artificial colors, flavors, preservatives or sweeteners.
- **Low sodium.**
- **Convenient serving.** Each capsule provides the complete carotenoid value of an optimal serving of a wide variety of carotenoid-rich fruits and vegetables — just one more way to help you meet the recommended dietary intake of 5 to 13 servings of fruits and vegetables every day.



#3300, 90 Softgels



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

