

930855 200cc

36805

Continued from opposite panel

Amount Per Serving	% Daily Value
Molybdenum (as molybdenum trioxide).....	1.2 mcg .....1.6%
Potassium (as potassium phosphate).....	10 mg .....<1%
Inositol (as inositol and from soy lecithin).....	66 mg ..... †
Choline (as choline bitartrate and from soy lecithin).....	25 mg ..... †
Diastase (from malt).....	20 mg ..... †
Papain.....	17 mg ..... †
Lipase.....	10 mg ..... †
Betaine Hydrochloride.....	10 mg ..... †
Custom Trace Mineral Blend.....	50 mg ..... †
Cellulose; Marine Organic Complex (from <i>Laminara digitata</i> ); Kelp; Irish Moss; Dulse Leaf; Dicalcium Phosphate	
Neo-Plex Concentrate.....	47 mg ..... †
Orange Juice powder ( <i>Citrus sinensis</i> ) (fruit); Orange powder ( <i>Citrus sinensis</i> ) (peel); Citrus Bioflavonoid	
† Daily Value not established	

Other ingredients: Microcrystalline cellulose, powdered cellulose, hydroxypropyl methylcellulose, chlorophyll, magnesium stearate, silicon dioxide and triacetin.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in a cool, dry place, away from direct sunlight. Packaged with safety seal.

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**NUTRITIONALS**  
Nature • Science



## YEAST FREE VEGETARIAN MULTI

*Complete Vitamin and  
Mineral Multiple  
with Chelates*

DIETARY SUPPLEMENT  
120 TABLETS

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate and 10% as beta-carotene from carrot oleoresin ( <i>Daucus carota</i> ) (root)).....	4,400 IU ..... 88%
Vitamin C (as ascorbic acid).....	93 mg ..... 155%
Vitamin D (as ergocalciferol).....	400 IU ..... 100%
Vitamin E (as d-alpha-tocopherol).....	10 IU ..... 33%
Thiamine (as thiamine mononitrate and from rice).....	10 mg ..... 666%
Riboflavin (as riboflavin and from rice).....	10 mg ..... 588%
Niacin (as niacinamide and from rice).....	50 mg ..... 250%
Vitamin B6 (as pyridoxine hydrochloride and from rice).....	10 mg ..... 500%
Folic Acid.....	0.4 mg ..... 100%
Vitamin B12 (as cyanocobalamin and from rice).....	10 mcg ..... 166%
Biotin.....	0.3 mg ..... 100%
Pantothenic Acid (as calcium pantothenate).....	12 mg ..... 120%
Calcium (as calcium carbonate).....	300 mg ..... 30%
Iron (chelated).....	18 mg ..... 100%
Iodine (from kelp).....	100 mcg ..... 66%
Magnesium (as magnesium oxide).....	150 mg ..... 38%
Zinc (chelated).....	15 mg ..... 100%
Selenium (as sodium selenite).....	1.6 mcg ..... 2%
Copper (chelated).....	2 mg ..... 100%
Manganese (chelated).....	10 mg ..... 500%
Chromium (chelated).....	0.8 mcg ..... <1%



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