



# FAST FACTS ABOUT OMEGA III CONCENTRATE

Despite the availability of numerous fat-free and low-fat foods, our daily intake of excess dietary fats continues to surpass the body's ability to mobilize and utilize this nutrient. Surplus dietary fat collects on coronary walls contributing to arteriosclerosis, a killer that strangles the heart's arteries with accumulated plaque. A few years ago, scientists became interested in Greenland Eskimos because their diet is very high in fat, yet they have very low rates of heart disease. Why? Scientists discovered that the large amount of fat Eskimos ingest is from fish and other marine animals rich in omega-3 fatty acids. Researchers concluded that diets rich in omega-3 fatty acids may have a protective effect on the cardiovascular system, and may help prevent heart disease. GNLD's Omega III Concentrate, with its special lipotropic blend, is a concentrated source of EPA and DHA, and should be a part of your total dietary plan to reduce the risk of coronary heart disease.

## WHY FISH OIL RICH IN OMEGA-3 FATTY ACIDS?

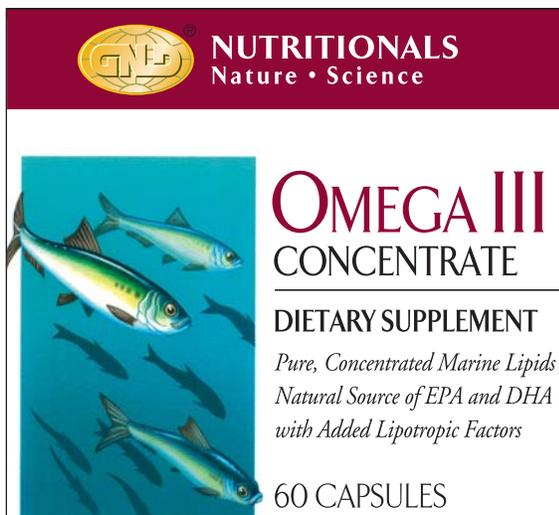
- Fatty fish is the richest source of healthful omega-3 fatty acids, but most of us do not eat the 2 to 3 servings per week that experts recommend for optimal health.
- Omega-3 fatty acids support optimal function of body tissues and organs, notably the heart, blood vessels, brain, nerves, eyes, skin, and joints.
- Omega-3 fatty acids may prevent overproduction of substances that cause inflammation and contribute to arthritis, menstrual pain, psoriasis, inflamed bowel, and other conditions.
- Omega-3 fatty acids, crucial to the development of infant brain and eyes, are naturally present in mother's milk. Infants whose mothers consume foods rich in omega-3 fatty acids have higher omega-3 fatty acid levels compared to those whose mothers do not consume omega-3-rich foods.
- People who do not like fish can get the omega-3 fatty acids they need for optimal health from supplements.

## WHY GNLD OMEGA III CONCENTRATE?

- **Contains pure fish oil from sardines, anchovies, salmon, and herring.**  
Does not contain undesirable oils from shellfish, shark, other scavengers, bottom feeders, or sea mammals.
- **Derived from healthy, fresh fish from pristine waters.**  
All fish are health-screened to certify that they are free of disease, and selected for human consumption.
- **Only "body oils" used.** Selecting oils from only the edible portion of the fish reduces exposure to substances which may collect in organs (herbicides, pesticides, heavy metals, and vitamins A and D).
- **Contains GNLD's special blend of lipotropic factors: lecithin, choline, inositol, and L-methionine.** Lipotropic factors are essential for the production of lipoproteins, which help keep lipids emulsified in the bloodstream.
- **Potency guaranteed** two years after manufacture. Three capsules provide (minimum) concentrated omega-3 fatty acids — 540 mg EPA (eicosapentaenoic acid) and 360 mg DHA (docosahexaenoic acid).
- **Balanced ratios of EPA and DHA** as found in nature.
- **Virtually no vitamins A or D.**
- **Only 10 calories per capsule.**
- **Easy-to-swallow soft gelatin capsules.**

*Usage tip: If you find that Omega III Concentrate "repeats," try storing capsules in the freezer.*

*\*NOTE: If you are undergoing medical treatment for cardiovascular disease, consult with your physician before taking Omega III Concentrate. Medical consultation is particularly important if you are taking drugs to thin your blood.*





## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 20

Amount Per Serving		% Daily Value
Calories	30	
Calories from Fat	30	
Total Fat	3 g	5%*
Saturated Fat	0	0%*
Eicosapentaenoic Acid (from Sardine, Anchovy, Salmon and Herring Oils)	540 mg	†
Docosahexaenoic Acid (from Sardine, Anchovy, Salmon and Herring Oils)	360 mg	†
GNLD's Special Blend	195 mg	
Soy Lecithin		†
Choline bitartrate		†
L-Methoinine		†
Inositol		†

\* Percentage Daily Values are based on 2,000 calorie diet

† Daily Values not established

Other ingredients: Gelatin, glycerin, water, and natural color.



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Lot #

Best If  
Used By

### SUGGESTED USE: 3 capsules daily with meals.

Omega III fatty acids, EPA & DHA, have been shown to support healthy cardiovascular function.\* Omega III fatty acids, in particular DHA, are important for visual and neuronal development.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Derived by cold press processing, solely from health screened, fresh sardines, anchovies, salmon and herring. Harvested in strict accord with environmental guidelines. GNLD begins with fish selected exclusively for human consumption, and adds no artificial colors, flavors or preservatives.

Store in a cool, dry place, away from direct sunlight.

Packaged with safety seal.

NOT SOLD IN RETAIL STORES

Available Exclusively From GNLD Distributors

Distributed by: **GNLD International, LLC**  
Fremont, CA 94538 U.S.A.



**Golden Neo-Life Diamite International, Ltd.**  
Bridgetown, Barbados, W.I.  
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