

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 50

Amount Per Serving		% Daily Value
Vitamin D (as cholecalciferol and from fish liver oil)	100 IU	25%
Calcium (chelated)	150 mg	15%
Iron (chelated)	10 mg	55%
Phosphorus (complex)	20 mg	2%
Iodine (as potassium iodide and from kelp)	100 mcg	66%
Magnesium (chelated)	75 mg	19%
Zinc (chelated)	15 mg	100%
Selenium (complex)	100 mcg	143%
Copper (chelated)	1 mg	50%
Manganese (chelated)	5 mg	250%
Chromium (chelated)	100 mcg	83%
Molybdenum (chelated)	100 mcg	133%
Potassium (complex)	90 mg	3%

Custom Trace Mineral Blend 300 mg. †

Cellulose; Marine Organic Complex

(from *Laminara digitata*); Kelp; Irish Moss;

Dulse Leaf; Dicalcium Phosphate

† Daily Value not established

Other ingredients: Powdered cellulose, hydroxypropyl methylcellulose, stearic acid, silicon dioxide, titanium dioxide, magnesium stearate and triacetin.

Contains milk, soy and fish (cod).