

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 50

Amount Per Serving

% Daily Value

Vitamin D

(as cholecalciferol and
from fish liver oil)

400 IU

100%

Calcium (as calcium glycinate)

300 mg

30%

Magnesium

(as magnesium glycinate)

150 mg

38%

Other ingredients: Gelatin, water, powdered cellulose, silicon dioxide, magnesium stearate and carmine.

Contains fish (cod).