



# FAST FACTS ABOUT GR<sup>2</sup> CONTROL<sup>®</sup> APPETITE REDUCER

Receptors in the digestive tract “learn” to feel full. For many people, these receptors have learned to feel full on too many calories, and the desire to overeat overrides all other neural signals. These receptors can be “re-programmed” to feel full on smaller portions of food. GNLD’s GR<sup>2</sup> Control Appetite Reducer uses glucomannan to help create the feeling of fullness, without the calories. GR<sup>2</sup> Control Appetite Reducer is a safe, natural alternative to chemical appetite suppressants.

## WHY FIBER TO CURB APPETITE?

- Fiber adds “bulk” without adding calories. Natural fiber absorbs water in the stomach and increases in volume, helping you to feel full faster, naturally.
- Fiber plays an important role in carbohydrate metabolism by delaying gastric emptying and slowing the release of carbohydrates into the bloodstream, thus helping to minimize insulin response.
- **Non-habit-forming.** Fiber provides a safe, natural alternative to potentially harmful “diet pills.”



## WHY GNLD GR<sup>2</sup> CONTROL APPETITE REDUCER?

- Contains glucomannan (Konjac flour) which expands up to 50 times its weight in water, along with five other sources of fiber.
- Exclusive formula works with your body to create the feeling of fullness on fewer calories.
- Helps control glycemic response by slowing carbohydrate release into the bloodstream, thereby encouraging the body to burn fat for fuel, instead of placing it in storage.
- **Convenient.** Taken 20-30 minutes before mealtime, two tablets provide hunger-curbing fullness and satisfaction on less food.
- **No added sodium, sugar, or other sweeteners.** Zero calories per serving.
- **No artificial colors, flavors, or preservatives.**

With its unique mix of six fiber sources, GR<sup>2</sup> Control Appetite Reducer works with your body’s natural “feedback network” to make you feel full on smaller portions. Contains Glucomannan fiber from Konjac, which has the unique property of expanding up to 50 times its weight, providing hunger-curbing fullness and satisfaction on less food.

GR<sup>2</sup> Control Appetite Reducer also helps you to control your glycemic response by slowing carbohydrate release into the bloodstream, thereby encouraging the body to burn fat for fuel, instead of placing it in storage.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOT SOLD IN RETAIL STORES.

Available Exclusively From GNLD Distributors

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**Golden Neo-Life Diamite International, Ltd.**  
Bridgetown, Barbados, W.I.  
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Port of Spain, Trinidad, W.I.



Leading edge nutrition since 1958.

**Suggested Use:** Take 2 tablets with a full glass of water, just before breakfast, lunch and dinner (6 tablets per day).

### Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 42

Amount Per Serving		% Daily Value
Calories	0	
Total Carbohydrate	1 g	0%**
Dietary Fiber	1 g	4%**

Fiber Blend 1102 mg †  
Konjac Flour (Glucomannan), Barley Bran, Oat Fiber, Soy Fiber, Orange Fiber and Gum Arabic

\*\*Percentage Daily Values are based on 2,000 calorie diet  
†Daily value not established

Other ingredients: Stearic acid, dicalcium phosphate, silicon dioxide.

Made in U.S.A.

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